



# YOU BETTER STOP

Choreographed by: Stephen Rutter (United Kingdom)

Claire Butterworth (United Kingdom)

Music: **Stop** by **Jamelia**, BPM: 63 [CD: ridget Jones – The Edge Of Reason]

Descriptions: 32 count, 2 wall, Advanced level line dance

16 Count Intro', starting on word "Given".

Note: The Dance Does Not Phrase Correctly With The Sam Brown Version.

## **Sec 1 Sway, 1 ¼ Turn Left, Sweep, Cross, Back Step, Side Step, Cross Rock, Side Step, Cross, Sweep, Cross, Back Step, Side Step.**

1 Sway right to right side

2&a Make a quarter turn left stepping left forward, make a half turn left stepping back on right, make a half turn left stepping forward on left.

3 Sweep right foot around from back to front.

4&a Cross right over left, step back on left, step right to right side.

5 Cross rock left over right,

6&a Recover weight onto right, step left to left side, cross right over left.

7 Sweep left foot around from back to front.

8&a Cross left over right, step back on right, step left to left side.

## **Sec 2 Cross Rock, Side Step, Cross, Unwind Full Turn Right With Sweep, Weave, Sway, Cross, Side Step, Sway, Cross, ¼ Turn Left.**

1 Cross rock right over left.

2&a Recover weight onto left, step right to right side, cross left over right.

3 Unwind a full turn right sweeping right around from front to back on completion of turn.

4&a Cross right behind left, Step left to left side, Cross right over left.

5 Step left to left side swaying hips left.

6&a Recover weight onto right, cross left over right, step right to right side.

7 Step left to left side swaying hips left.

8&a Recover weight onto right, cross left over right, make a quarter turn left stepping back onto right.

## **Sec 3 ¼ Turn Left, Weave, Hip Sways (With Attitude), Coaster Step, Step Forward, Step Forward, Pivot ½ Turn Right, Step Forward.**

1 Make a quarter turn left stepping left a large step to left side, dragging right towards left.

2&a Cross right over left, step left to left side, cross right behind left.

**Tag:** When dancing Wall 6 hold here for 3 counts, and then continue rest of dance.

3-4 Step left to left side swaying hips left, sway hips right.

&5 Sway hips left, sway hips right.

6&a Step back on left, step right beside left, step forward on left.

7 Step forward on right.

8&a Step forward on left, pivot a half turn Right, Step forward on left.

## **Sec 4 Spiral Full Turn Left, Shuffle ¼ Turn left (In A Curve), Prissy Walks, Side Rock & Cross, Side Step, Weave.**

1 Step Forward on right and spin a full turn left, hitching left knee.

2&a Make an eighth turn left stepping forward on left, close right beside left, make an eighth turn left stepping forward on left.

3-5 Cross right over left, Cross left over right, cross right over left.

6&a Rock left to left side, recover weight onto right, cross left over right

**Restart:** When Dancing Wall 2, restart dance here.

7 Step right large step to right side dragging left up towards right.

8&a Cross left behind right, Step right to right side, cross left over right.

## **RESTART & TAG.**

**When dancing Wall 2 Dance 30 counts of dance only then restart dance.**

**When dancing Wall 6 dance up to counts 16&a, then add a 3 count hold before continuing with rest of dance.**